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<itunes:author>**John Doe**</itunes:author>

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<itunes:owner>

<itunes:name>**John Doe**</itunes:name>

<itunes:email>**john.doe@example.com**</itunes:email>

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<itunes:author>**John Doe**</itunes:author>

<itunes:subtitle>**A short primer on table spices**</itunes:subtitle>

<itunes:summary>**This week we talk about salt and pepper shakers, comparing and contrasting pour rates, construction materials, and overall aesthetics. Come and join the party!**</itunes:summary>

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